

The Lite Lifestyle: 150 Ultra Low Calorie Recipes For Rapid Weight Loss! By Laura Creavalle

By Laura Creavalle

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Laura Creavalle, IFBB Pro | MUSCLE INSIDER -

Laura Creavalle was born on January 25, Laura has written two cook books, 150 Ultra Low Calorie Recipes for Rapid Weight Loss!".

<http://muscle-insider.com/canadian-profiles/laura-creavalle-ifbb-pro>

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Definitions of Laura Creavalle, Laura Cordelia Creavalle is an IFBB professional female bodybuilder, 150 Ultra Low Calorie Recipes for Rapid Weight Loss!

<http://dictionary.sensagent.com/Laura%20Creavalle/en-en/>

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